

Monitor power-saving options

 Click on 'Start' at the bottom left-hand corner of the screen and choose the 'Control Panel' option (the version featured here is Windows 7. For other versions, screen options may vary). Click on 'Category' on the top right hand corner and choose either 'Large Icons' or 'Small Icons'. Scroll down to choose 'Power Options'.





2. In the 'Power Options' screen, choose one of the power plans, click 'Change plan settings' on the right hand side of the plan.



3. In the 'Edit Plan Settings' screen, set the time for 'turn off the screen' to 5 minutes. Click 'Save Changes'.

🦹 Edit Plan Settings
🌀 ◯ → 😰 ▼ Power Options ▼ Edit Plan Settings 🛛 🔹 😰 Searc 😰
File Edit View Tools Help
Change settings for the plan: Power saver
Choose the sleep and display settings that you want your computer to use.
Turn off the display: 5 minutes
Put the computer to sleep: 15 minutes
Change advanced power settings
Restore default settings for this plan
Save changes Cancel